

BILDUNGS- PROGRAMME FÜR KÜNSTLERISCHE BEWEGUNG

 **SENECA INTENSIV**

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Seneca Intensiv is a non-profit educational institution for artistic movement. We offer an open, respectful learning environment where physical awareness, creative practice, and professional development are at the heart of the moving performing arts. Our programs provide in-depth training for aspiring artists and professionals.



CURRICULUM & TRAINING

Core Training

Physical theater techniques, mime corporel, improvisation, composition, QiGong, and voice work, alongside physical preparation (classical and contemporary movement, strength and fascia training, floor work, partnering, and dance acrobatics).

Block Seminars & Additional Practices

Classical pantomime, choral work, interdisciplinary approaches, clown, mask work, object theater, dance theater, performance, as well as anatomy, nutrition, and historical context.

Supplementary Seminars

In addition, participants have access to a series of Production & Management seminars, offered free of charge through dedicated funding.

Educational Year Physical Theater

August to June

10-month full-time program // 3800€

Monday - Thursday // 8:30 - 15:00



PROGRAM STRUCTURE

1

September–October

Arrival and orientation, group building, and a gradual introduction to training. First theory seminars and workshops.

2

October–December

Focus on building physical foundations, presence, and concentration. Initial ideas for the final performance (KONDENSAT) and preparation for potential entrance exams. First informal showings.

3

January–April

Intensive training and creation phase. Development of individual and group material, workshops, and early-stage work on KONDENSAT.

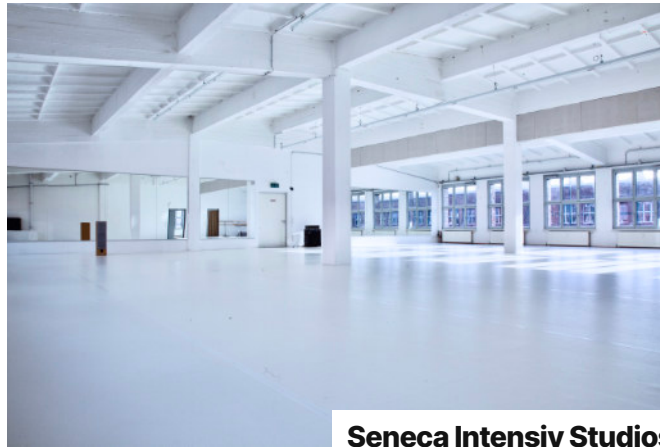
4

May–July

Final creation and rehearsal phase leading to the graduation performance (KONDENSAT). Includes independent work, group processes, and performance preparation.



TRAINING LOCATIONS



Seneca Intensiv Studios



Cabuwazi Akrobatikhalle



Akrobatikhalle Lausitzer Platz



seneca_intensiv



seneca.intensiv.bildungsprogramme



www.seneca-intensiv.de