

SEGUIR

Stages a body that demands patience and appreciation, that is transforming while ageing, living, dancing. Inspired by the patience and focus my body required through surgery and in recovery from endometriosis and tumours, here I take space and time for a ritualistic memento to honour my body and the transformation of bodies who share similar experiences.



CONCEPT, CHOREOGRAPHY, PERFORMANCE Areli Moran. A production by EXPECTANTE / Areli Moran | PREMIERE August 2023, Festival Plataforma Berlin | Creation residencies: Centro Huarte de Arte Contemporánea 2022, 2023, | founded by Sistema de apoyos a la creación y proyectos culturales FONCA, Mexico, DIS-TANZEN, aid programme of the Dachverband Tanz Deutschland, Berlin. | Centro Cultural Plaza Fatima, Mexico.

<https://expectante.net/seguir-el-curso-process/>

La postal de nuestra existencia

In an intimate exploration, Areli Moran examines the significance of hair as a repository of social norms, identity and desire. Why is head hair associated with beauty and seduction in most societies, while other body hair is perceived as repulsive? While Moran used to find her own hair disgusting, today a playful curiosity prevails. Between gentleness and electrifying tension, she exposes herself to a relentless confrontation with her own body.



CONCEPT, CHOREOGRAPHY, PERFORMANCE Areli Moran. A production by Areli Moran / Expectante in co-production with SOPHIENSÆLE. Premiere: Tanztage Berlin 2020, Sophiensaele. | Creation residencies: Lake studio Berlin 2016, 2019 | Work in progress showings: Lake studios 2016, 2019 | Espacio Expectante 2017, 2018.

<https://expectante.net/lapostal-dossier/>

House plants are never just cause plants

Observing, living beside, and caring for her houseplants started Areli Moran off on an exploration of the migratory nature of plant life. Recognising her own needs and strategies as an immigrant through her plants, Moran's new work fuses the natural world, sound, video, and her body into a meditative collage on what changes and what remains when one moves.



CONCEPT, Areli Moran. Research Advisor, Sasha Amaya. First research period supported by Fonds Darstellende Künste with funds from the Federal Government Commissioner for Culture and the Media within the program NEUSTART KULTUR, Explorations in situ supported by Centro Cultural Plaza Fatima, Mexico. <https://expectante.net/houseplants/>

A MENOS QUE QUIERAS BAILAR

It is a collaboration between Mexican artist Areli Moran and Canadian artists Kelly McInnes and Rianne Svelnis. These 3 performers invite 15 guests to the circle and to participate with their senses in a ceremony of movement, tension and relief, the bizarre, the familiar and the transformative. Each guest has a specific instruction, resulting in a unique experience of personal, interpersonal and collective patterning. The last section of the work is a structured conversation with the guests, based on Liz Lerman's critical response process. The voices of the guests are essential to the work as it evolves with every group that it engages.



Supported by Canada Council Arts, Marta Marta's the HopBopShop, Espacio Expectante and Lake Studios Berlin. The work has been presented at Espacio Expectante Mexico, KW Studios Vancouver, and Lake Studios Berlin.

<https://expectante.net/amenosquequierasbailar/>
